

SCHEDULE FOR URBAN OM'S 200 H YOGA TEACHER TRAINING 2021

AUGUST 2021

* 25-29 Aug IMMERSION at LYCKHEM

SEPTEMBER 2021

* 8 Sep Wed 16:30-20:30 Evening Session at Urban OM

* 9 Sep Thu 17:30-19:3 Philosophy 1 on Zoom

* 11-12 Sep WEEKEND Training at Urban OM

* 22 Sep 16:30-20:30 Evening Session at Urban OM

* 23 Sep 17:30-19:30 Philosophy 2 on Zoom

* 29 Sep 16:30-20:30 Evening Session at Urban OM

OCTOBER 2021

* 6 Oct 16:30-20:30 Evening Session at Urban OM

* 20 Oct 16:30-20:30 Evening Session at Urban OM

* 21 Oct 17:30-19:30 Philosophy 3 on Zoom

* 23 - 24 Oct WEEKEND Training 2 at Urban OM

* 27 Oct 16:30-20:30 Evening Session at Urban OM

NOVEMBER 2021

* 3 Nov 16:30-20:30 Evening Session at Urban OM

* 4 Nov 17:30-19:30 Philosophy 4 on Zoom

* 13-14 Nov WEEKEND Training 3 at Urban OM

* 24 Nov 16:30-20:30 Evening Session at Urban OM

* Nov 25 17:30-19:30 Philosophy 5 on Zoom

DECEMBER 2021

* 1 Dec 16:30-20:30 Evening Session at Urban OM

* 8 Dec 16:30-20:30 Evening Session at Urban OM

JANUARY 2022

* 15-16 Jan WEEKEND Training 3 at Urban OM

* 26 Jan 16:30-20:30 Evening Session at Urban OM

FEBRUARY 2022

* 2 Feb 16:30-20:30 Evening Session at Urban OM

* 9 Feb 16:30-20:30 Evening Session at Urban OM

* 16 Feb - 20 Feb IMMERSION 2 & GRADUATION at Shantiland

